

# When Does Hiring a Care Manager Make Sense?

**When considering whether or not the services of a professional care manager would be a good choice for a particular situation, consider the following questions:**

- Yes  No Are your senior family member's needs getting complicated?
- Yes  No Does the senior require services that family and friends may not have the time, skill or desire to provide?
- Yes  No Do the care needs interfere with paid employment?
- Yes  No Do you find it challenging to coordinate and attend medical appointments with your senior family member?
- Yes  No Are there people involved in your family member's care with whom you do not feel comfortable?
- Yes  No Are you concerned about a senior who may be at risk for: unsafe driving, medication mismanagement, elder abuse, falling, malnutrition, depression, social isolation, chronic pain, and/or cognitive decline?
- Yes  No Is there conflict within the family?
- Yes  No Does family live out of town, making it hard to coordinate the details?
- Yes  No Would you like to be more knowledgeable about the senior's condition and/or about available resources?
- Yes  No Has the senior received a new diagnosis?
- Yes  No Is the senior transitioning from hospital to home or to a different living arrangement?

If the answers to three or more of the above questions are "Yes," a professional care manager will be beneficial for the situation.



**JEWISH FAMILY SERVICE LA**

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## Professional care management services provide:

- Communication between family and involved professionals
- Access to all needed resources and to our professional 24/7 care experts
- A personal and compassionate advocate focused on an individual's wants and needs
- Quality assurance through quality care and quality referrals

## An affordable coaching model focusing on helping families care for their senior relative

- **On-Demand Family Support:** A monthly subscription service available to families, our on-demand family support features 75 minutes per month of online or telephone access to a professional care manager, guidance specific to an older loved one's care needs, an optional weekly family caregiver support group, and an online library of client care resources. The focus is on families and helping them make great decisions.

## In-person support through understanding, planning, and oversight directly with the senior adult

- **Traditional Care Management:** Available on an as-needed basis for an hourly fee, our traditional care management services include in-person consultation with a professional care manager, an assessment of the older adult's home, recommendations for home safety modifications, and implementation and coordination of all needed services with other professionals who are part of an older adult's care team.

To learn more about care management services, call **JFS Care** today.

Source: National Association of  
Professional Geriatric Care Managers

